



## Take My Moments and My Days

Psalm 31: 15

**"My times are in Thy hands: ..."** (Psalm 31: 15). This prayer of David, the Psalmist is instructive to us as we go on into the new year. We all know that time is measured in moments, days, weeks, months, and years. Hence, this year is a time in our times on earth. If our times will count in eternity after time has passed away, each moment must be guided and controlled by the hands of God, the eternal One and our Creator. We ought to pray the prayer of the Psalmist, and leave the year in God's hands. Note that this study is following another study where we did our spiritual audit and identified our action plans towards being a new person in the new year. As we are trusting God for a year where we expect to be ten times better in every aspect, we should learn to take our year to the Lord and leave it there. We will pray this prayer of committal over five areas of our lives namely: Our total being, our times, our talents, our tasks, and our tests.

1. **Our Total-being.** For God to accept our times, we must first learn to pray and do the act of committing our spirit (Psalm 31: 5; Luke 23: 46), our souls (1 Peter 4:19), and our bodies (1 Corinthians 6: 19) to God's hands; and leave it there.
2. **Our Times.** Psalm 31: 15. Our lives are revolving times and seasons, and this year is part of it. Each moment of this year must count positively to our eternal purpose in God's plan hence the prayer *"My year is in Thy hands O Lord."*
3. **Our Talents.** We are approaching God with our gifts and their profits. Our gifts and their profits are to be handed over for God's use for us to gain **"more"** in the new year (Matthew 25: 20 - 23).
4. **Our Tasks.** We profit by doing and not just talking. Proverbs 16:3 calls us to commit our works unto the Lord so that our thoughts (our plans) can be established. Engaging in profitable tasks physically and spiritually is how commit our works to the hands of God.
5. **Our Tests.** We are to commit our tests (exams), trials, and troubles unto the Lord if we plan to have a worry-free year. The Lord commands us to not take thoughts and Peter, by the Holy Ghost, says **"Casting your burdens upon Him for He careth for you ..."** (Matthew 6: 25; 1 Peter 5: 7).

We will be able achieve our new person spiritual goals and more this new year if we can learn to pray and commit ourselves to God in these five areas and leave it there.

## PRAYERS

We can pray with the words of Frances R. Havergal (1874). "Take My Life" (GHS 87).